



» Silver Connections
Connect Hackney
Learning Event
26th November
2020



Silver Connections

- » Silver Connections is an engaging mobile phone course for over 60's
- » Simple tips to make their lives easier
- » Aims to help reduce social isolation
- » Teaching participants to discover what's on in their local area

Key Learning

- » Engagement challenges
- » Group size and length of sessions
- » Social connections
- » Supporting participants with Zoom
- » Digital exclusion
- » Differences between devices
- » Content of the course
- » Signposting

Case Study - Mary

- » “I really enjoyed the interaction as it really helps to keep the brain going and it breaks up my day. Before these sessions I felt like I was just existing, but this **let me get to know people** and **brought me out of my shell.**”
- » “I also use Zoom now to do Bible studies. Without Silver Connections I’d never be part of Bible study as I only ever used the iPad for games.”
- » “I made a friend, who was the person that introduced me to bible studies. She’s from Jamaica and once when I was speaking to her she introduced me to her friends from Barbados. I’ve never travelled because I have a fear of flying, so it was really **intriguing for me to meet different people from different countries.**”

Participant Feedback

- » “Very **rewarding** after finding it difficult to get on”
- » “You lot are a great laugh - **great to be on Zoom** and chatting to each other like being back in the class”
- » “Everything is great, improved my knowledge of my phone, normally I rely on my son and now I can solve most of the problems myself”